

Settling back into uni when you've been away

Everyone needs time to adjust to a new environment, and coming back to university after a break can feel similarly new for those returning. In **this article**, we will explore 5 ways you can support yourself after returning to university.

How to meet people as a PhD student - networking and making friends

PhD student Intisar gives you, her fellow PhD students, her top tips to network and make new friends whilst at UCL! [Read on.](#)

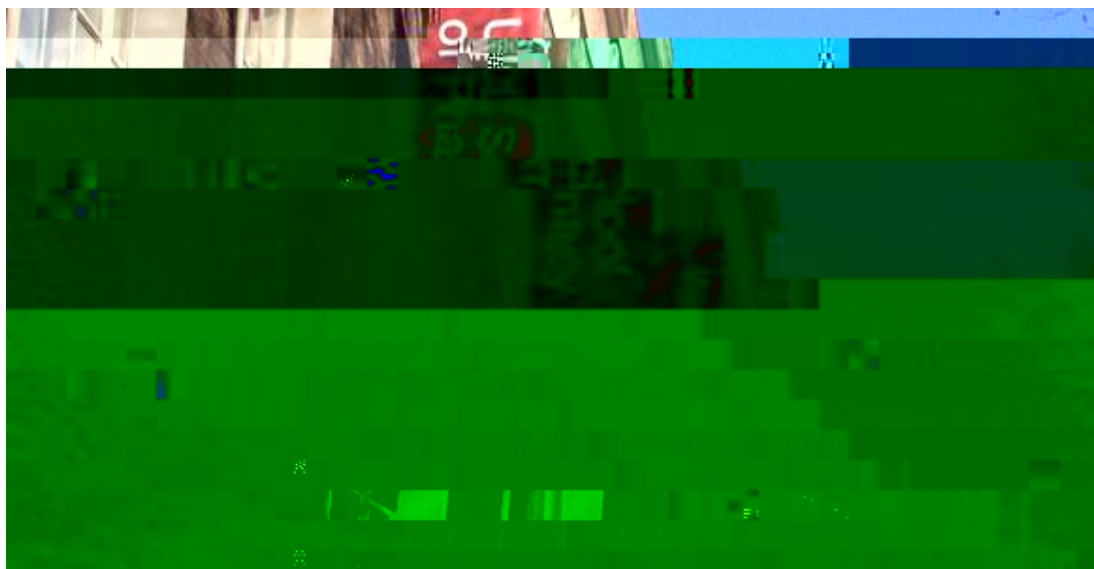
[How to deal with culture shock](#)

When you first arrive in London or start your studies at UCL, it will likely take some time to feel settled and to get used to your surroundings, so we have put a few tips together to help you settle into British culture.

[Read on.](#)

Keep Up to Date

The key reason most life sciences students choose to study at UCL is our world class research. We publish new papers and appear in the media most days. Twitter is the key social media platform for academics follow **UCL Biosciences** and **UCL School of Pharmacy** to keep up to date.



School of Pharmacy Student Union Events

The School of Pharmacy Student Union will be running an exciting

