

Housman Room

3					
	Monday	Tuesday	Wednesday	Thursday	Friday
VEGETARIAN Menu Description & Allergens	<p>Courgette, aubergine and mushroom moussaka topped with crispy cheese & warm broccoli and bean salad (F50)</p> <p>Allergens: Celery,oats,wheat,mustard,sulphurdioxide</p>	<p>Spiced chickpea curry with rice and poppadoms,</p> <p>Allergens: MC nuts</p>	<p>Bun (F50) Quinoa, feta & sweet potato burger, In a brioche style bun with sliced tomato, shredded lettuce and seasoned fries</p> <p>Allergens: milk,wheat</p>	<p>Sundried tomato, spinach and butternut squash tart with Watercress, tomato chutney and focaccia (F50)</p> <p>Allergens: Egg,mustard,barley,wheat</p>	<p>Vegan Mac & chorizo cheese, garlic bread, salad</p> <p>Allergens: celery,mustard,soya,oat,wheat</p>
MEAT Menu Description & Allergens	<p>Roast Chicken Breast with spiced giant cous cous, courgette and medley mushrooms</p> <p>Allergens:Wheat</p>	<p>Chicken Massaman curry with rice and poppadoms,</p> <p>Allergens:mc nuts</p>	<p>Bun Korean fried chicken burger, In a brioche style bun with sliced tomato, shredded lettuce and pickle Add Ons - Bacon jam, Sliced cheese, seasoned fries Chicken Burger</p> <p>Allergens:Wheat,rye,milk,egg,soya</p>	<p>Beef Roularde with Confit onion, sticky parsnips, green beans and red currant glaze</p> <p>Allergens:Wheat, barley, eggs</p>	<p>Battered Pollock, chips, peas or mushy peas, tartare sauce and lemon</p> <p>Allergens:Egg,fish,mustard,barley, wheat</p>
Plant Based					
Menu Description & Allergens	<p>Smashed Jackets topped with vegetable stew</p>			<p>Middle Eastern (F50) falafel, houmous, pickled red cabbage & tabbouleh salad, Flat Bread Allergens: Wheat,Sesame,sulphurdioxide</p>	
SOUP Menu Description All served with bread roll, croutons and toppers	<p>creamy broccoli & leek kcal:197</p>	<p>sweet potato & carrot kcal: 370.5</p>	<p>Tomato & Basil kcal:148.1</p>	<p>Italian minestrone (F50) kcal:342.4</p>	<p>Smokey Sweet Potato kcal:430</p>