

Participant flow

109 clients invited to participate

100 clients consented to participate

9 clients declined to participate

Reasons: Not specified (n=3), In a hurry (n=2), Not wanting to discuss health (n=2), Changeable health state (n=2)

Baseline characteristics

Characteristic		Number of participants
Gender	Female	58
	Male	36
	Missing	6
Age	18-24	4
	25-34	19
	35-49	37
	50-64	28
	65+	4
	Missing	8
Ethnicity	Black	31
	White	23
	Asian	14
	Mixed	5
	Other	5
	Missing	22
Legal case type	Welfare benefits	38
	Housing	24
	Multiple	18
	Employment	6
	Family	5
	Education	2
	Miscellaneous	1
	General	1
	Form-filling	1
	Community care	1
	Missing	3

Outcome measures

Score	Baseline	3 months	6 months
EQ5D index (mean)	0.34	0.41	0.46
EQ5D VAS (mean)	51.91	53.28	58.74
SWEMWBS (mean)	18.81	19.20	20.13
GP appointments (median)	3	3	2

Adverse events

None