



and dementia. The well-known facilitated arts-based conversation method called Visual Thinking Strategies, known as VTS (Housen, 1987, 1999, 2002; Yenawine, 2013), was used to explore how people engage with visual art and complex images in a series of eye tracking experiments. The research findings showed that engaging with art and complex images with VTS had both qualitative and quantitative positive effects on visual exploration, communication and affective responses in all participant groups, which included healthy young and senior adults, as well people living with various forms of dementia.



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